

# WORLD FIRST AID DAY

[http://www.eslHolidayLessons.com/09/world\\_first\\_aid\\_day.html](http://www.eslHolidayLessons.com/09/world_first_aid_day.html)

## CONTENTS:

The Reading / Tapescript	2
Phrase Match	3
Listening Gap Fill	4
Listening / Reading Gap Fill	5
Choose the Correct Word	6
Multiple Choice	7
Spelling	8
Put the Text Back Together	9
Scrambled Sentences	10
Discussion	11
Student Survey	12
Writing	13
Homework	14

ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

## THE READING / TAPESCRIPT

World First Aid Day started in the year 2000. The International Federation of Red Cross and Red Crescent Societies (IFRC) introduced it to raise global awareness of how first aid can save people's lives in everyday situations. It occurs on the second Saturday of September every year. It provides an opportunity for citizens to understand they can quickly learn skills that could save someone's life. The International Federation says World First Aid Day is to "celebrate the numbers of lives saved both by first aid volunteers and by laypersons trained in first aid." Many first-aiders recommend making first aid education a part of taking a driving test. Others say children should learn it in schools and it should be part of teachers' training.

First aid is the provision of initial care when someone is sick or injured. It is usually carried out by a normal person until medical experts or an ambulance arrives. Sometimes the first aid itself can be effective enough. Most first aid procedures are simple techniques. They require very little or no equipment but have saved millions of lives. There are key aims of first aid. The first is to preserve life. The first-aider does everything he or she can to stop someone from dying. The second aim is to prevent further harm. This could be to try and slow down bleeding or to stop a broken bone from being moved. The final aim is to promote recovery. This might include encouraging someone to breathe, or sticking a plaster on a cut.

## PHRASE MATCH

Match the following phrases from the article.

### Paragraph 1

- |                      |                 |
|----------------------|-----------------|
| 1. raise global      | a. situations   |
| 2. everyday          | b. volunteers   |
| 3. save someone's    | c. training     |
| 4. first aid         | d. driving test |
| 5. taking a          | e. awareness    |
| 6. part of teachers' | f. life         |

### Paragraph 2

- |                             |                       |
|-----------------------------|-----------------------|
| 1. the provision of initial | a. by a normal person |
| 2. carried out              | b. harm               |
| 3. first aid                | c. life               |
| 4. preserve                 | d. care               |
| 5. prevent further          | e. on a cut           |
| 6. sticking a plaster       | f. procedures         |

## LISTENING GAP FILL

World First Aid Day \_\_\_\_\_ 2000. The International Federation of Red Cross and Red Crescent Societies (IFRC) introduced it to raise global awareness \_\_\_\_\_ save people's lives in everyday situations. It occurs on the second Saturday of September every year. It provides an opportunity for citizens to understand they \_\_\_\_\_ that could save someone's life. The International Federation says World First Aid Day is to "celebrate the numbers \_\_\_\_\_ first aid volunteers and by laypersons \_\_\_\_\_." Many first-aiders recommend making first aid education a part of taking a driving test. Others say children should learn it in schools and it \_\_\_\_\_ teachers' training.

First aid is the \_\_\_\_\_ care when someone is sick or injured. It is usually carried out by a normal person until medical experts or an ambulance arrives. Sometimes the \_\_\_\_\_ effective enough. Most first aid procedures are simple techniques. They \_\_\_\_\_ no equipment but have saved millions of lives. There are key aims of first aid. The first is to preserve life. \_\_\_\_\_ everything he or she can to stop someone from dying. The second aim is to prevent further harm. This could be to try and slow down bleeding \_\_\_\_\_ bone from being moved. The final aim is to promote recovery. This might include encouraging someone to breathe, or sticking \_\_\_\_\_.

## WHILE READING / LISTENING GAP FILL

**Put the words into the gaps in the text.**

World First Aid Day started in the year 2000. The International Federation of Red Cross and Red Crescent Societies (IFRC) introduced it to \_\_\_\_\_ global awareness of how first aid can save people's lives in everyday situations. It \_\_\_\_\_ on the second Saturday of September every year. It provides an opportunity for \_\_\_\_\_ to understand they can quickly learn skills that could \_\_\_\_\_ someone's life. The International Federation says World First Aid Day is to "celebrate the \_\_\_\_\_ of lives saved both by first aid volunteers and by laypersons \_\_\_\_\_ in first aid." Many first-aiders recommend making first aid \_\_\_\_\_ a part of taking a driving test. Others say children should learn it in schools and it should be \_\_\_\_\_ of teachers' training.

*citizens*  
*trained*  
*raise*  
*part*  
*occurs*  
*education*  
*numbers*  
*save*

First aid is the provision of \_\_\_\_\_ care when someone is sick or injured. It is usually carried out by a \_\_\_\_\_ person until medical experts or an ambulance arrives. Sometimes the first aid \_\_\_\_\_ can be effective enough. Most first aid procedures are simple techniques. They require very little or no equipment but have saved \_\_\_\_\_ of lives. There are \_\_\_\_\_ aims of first aid. The first is to preserve life. The first-aiders do everything he or she can to stop someone from \_\_\_\_\_. The second aim is to prevent further harm. This could be to try and \_\_\_\_\_ down bleeding or to stop a broken bone from being moved. The final aim is to promote recovery. This might include encouraging someone to \_\_\_\_\_, or sticking a plaster on a cut.

*normal*  
*millions*  
*breathe*  
*dying*  
*initial*  
*itself*  
*slow*  
*key*

## CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

World First Aid Day *started / starts* in the year 2000. The International Federation of Red Cross and Red Crescent Societies (IFRC) introduced it to *raise / rise* global awareness of how first aid can save people's lives in *everyday situation / situations*. It occurs on the second Saturday of September every year. It provides an opportunity for citizens to understand they can *quick / quickly* learn skills that could save someone's life. The International Federation says World First Aid Day is to "celebrate the numbers *for / of* lives saved both by first aid volunteers and by laypersons trained *on / in* first aid." Many first-aiders recommend *taking / making* first aid education a part of taking a driving test. Others say children should learn it in schools and it should be part *of / for* teachers' training.

First aid is the *provision / provide* of initial care when someone is sick or injured. It is usually carried out by a *normally / normal* person until medical experts or an ambulance arrives. Sometimes the first aid itself can *be / have* effective enough. Most first aid procedures are simple techniques. They require very little or *no / none* equipment but have saved millions of lives. There are key aims of first aid. The first is to preserve life. The first-aider does everything he or she can to stop someone from *died / dying*. The second aim is to prevent further *harm / harmful*. This could be to try and slow down bleeding or to stop a *broken / break* bone from being moved. The final aim is to promote recovery. This might include encouraging someone to *breath / breathe*, or sticking a plaster on a cut.

## MULTIPLE CHOICE

World First Aid Day (1) \_\_\_\_\_ in the year 2000. The International Federation of Red Cross and Red Crescent Societies (IFRC) introduced it to (2) \_\_\_\_\_ global awareness of how first aid can save people’s lives in everyday situations. It occurs on the second Saturday of September every year. It provides an opportunity (3) \_\_\_\_\_ citizens to understand they can quickly learn skills that could save someone’s life. The International Federation says World First Aid Day is to “celebrate the numbers of lives (4) \_\_\_\_\_ both by first aid volunteers and by laypersons trained (5) \_\_\_\_\_ first aid.” Many first-aiders recommend making first aid education a part of taking a driving test. Others say children should learn it in schools and it should be (6) \_\_\_\_\_ of teachers’ training.

First aid is the provision of initial (7) \_\_\_\_\_ when someone is sick or injured. It is usually carried out by a normal person until medical experts or an ambulance arrives. Sometimes the first aid (8) \_\_\_\_\_ can be effective enough. Most first aid procedures are simple techniques. They require very little or (9) \_\_\_\_\_ equipment but have saved millions of lives. There are key aims of first aid. The first is to preserve (10) \_\_\_\_\_. The first-aider does everything he or she can to stop someone from dying. The second aim is to prevent further (11) \_\_\_\_\_. This could be to try and slow down bleeding or to stop a broken bone from being moved. The final aim is to promote recovery. This might include encouraging someone to (12) \_\_\_\_\_, or sticking a plaster on a cut.

### Put the correct words from this table into the article.

- |     |               |              |                |              |
|-----|---------------|--------------|----------------|--------------|
| 1.  | (a) starts    | (b) start    | (c) started    | (d) starting |
| 2.  | (a) rise      | (b) rising   | (c) arise      | (d) raise    |
| 3.  | (a) for       | (b) by       | (c) to         | (d) at       |
| 4.  | (a) savings   | (b) saved    | (c) safe       | (d) safety   |
| 5.  | (a) on        | (b) to       | (c) in         | (d) as       |
| 6.  | (a) party     | (b) part     | (c) partner    | (d) parts    |
| 7.  | (a) care      | (b) careful  | (c) cares      | (d) cared    |
| 8.  | (a) it        | (b) it’s     | (c) its        | (d) itself   |
| 9.  | (a) no        | (b) none     | (c) no-no      | (d) not      |
| 10. | (a) lifetime  | (b) life     | (c) alive      | (d) lively   |
| 11. | (a) harmful   | (b) harmed   | (c) harm       | (d) harms    |
| 12. | (a) breathing | (b) breathes | (c) breathless | (d) breathe  |

## SPELLING

Spell the jumbled words (from the text) correctly.

### Paragraph 1

1. raise lalgob awareness
2. everyday sinatstoui
3. an opportunity for zisnetic
4. lives evads
5. laypersons edrtian in first aid
6. taking a virndig test

### Paragraph 2

7. the provision of ltiniia care
8. medical trseexp
9. first aid cosprduee
10. epvreesr life
11. slow down eneblidg
12. encouraging someone to aberteh

## PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- ( ) situations. It occurs on the second Saturday of September every year. It provides an opportunity for
- ( ) citizens to understand they can quickly learn skills that could save someone's life. The International Federation says
- ( ) dying. The second aim is to prevent further harm. This could be to try and slow down bleeding or to stop a broken
- ( ) test. Others say children should learn it in schools and it should be part of teachers' training.
- ( ) in first aid." Many first-aiders recommend making first aid education a part of taking a driving
- ( ) enough. Most first aid procedures are simple techniques. They require very little or no equipment but have
- ( ) encouraging someone to breathe, or sticking a plaster on a cut.
- ( ) First aid is the provision of initial care when someone is sick or injured. It is usually carried out by a normal
- ( ) World First Aid Day is to "celebrate the numbers of lives saved both by first aid volunteers and by laypersons trained
- ( ) person until medical experts or an ambulance arrives. Sometimes the first aid itself can be effective
- ( ) Societies (IFRC) introduced it to raise global awareness of how first aid can save people's lives in everyday
- ( ) bone from being moved. The final aim is to promote recovery. This might include
- ( **1** ) World First Aid Day started in the year 2000. The International Federation of Red Cross and Red Crescent
- ( ) saved millions of lives. There are key aims of first aid. The first is to preserve life. The first-aiders do everything he or she can to stop someone from

## SCRAMBLED SENTENCES

With a partner, put the words back into the correct order.

1. save how can lives of aid people's Awareness first.

---

2. citizens provides to an understand opportunity for It.

---

3. Celebrate numbers lives the of saved.

---

4. learn Others it say in children schools should.

---

5. of part be should It training teachers'.

---

6. aid initial is care the provision First of.

---

7. usually by person is out normal It carried a.

---

8. effective aid enough itself can The be first.

---

9. to slow be and bleeding could try down This.

---

10. breathe to someone encouraging include might This.

---

**DISCUSSION (Write your own questions)**

**STUDENT A's QUESTIONS (Do not show these to student B)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Copyright © www.ESL Holiday Lessons.com



**DISCUSSION (Write your own questions)**

**STUDENT B's QUESTIONS (Do not show these to student A)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Copyright © www.ESL Holiday Lessons.com

# THE WORLD FIRST AID DAY SURVEY

Write five questions about World First Aid Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

**Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.**



## HOMEWORK

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find more information about World First Aid Day. Talk about what you discover with your partner(s) in the next lesson.

**3. MAGAZINE ARTICLE:** Write a magazine article about World First Aid Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**4. POSTER:** Make your own poster about World First Aid Day. Write about will happen on this day around the world.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.