

WORK YOUR PROPER HOURS DAY

http://www.eslHolidayLessons.com/02/work_your_proper_hours_day.html

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

THE READING / TAPESCRIPT

Work Your Proper Hours Day is usually around February 22. It was started in 2005 by Britain's organization of labour unions the Trade Union Congress (TUC). This is the day when a worker decides he or she has had enough of doing unpaid overtime. They decide that from Work Your Proper Hours Day, they will completely stop doing unpaid overtime and start using the time for themselves. The TUC website has a quiz so you can decide if you are working too many extra hours for no pay. It asks you if everyone you work with is also doing extra hours and whether you seem to get busier and busier every year. It also asks if you are worried that if you go home on time, your boss will think you're slacking.

The TUC says nearly five million people in Britain do unpaid overtime on a regular basis. If they got paid for this, the average employee would earn an extra £4,955 (around \$10,000) a year. Working too long each day is bad for us. It causes stress, messes up our social life and relationships, and can have negative effects on family life. It is also bad for business if staff are worn out. There are signs that campaigns against overworking are beginning to make a difference. Within the past five years, fewer people are doing unpaid overtime and the average amount of time has gone down by 24 minutes a week. Take the TUC's advice – take a proper lunch break and go home on time.

PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

- | | |
|--------------------------------|----------------------|
| 1. usually around | a. for themselves |
| 2. she has had enough of doing | b. busier every year |
| 3. start using the time | c. you're slacking |
| 4. working too many extra | d. unpaid overtime |
| 5. you seem to get busier and | e. February 22 |
| 6. your boss will think | f. hours for no pay |

Paragraph 2

- | | |
|--------------------------------------|-----------------------------------|
| 1. do unpaid overtime | a. day is bad for us |
| 2. the average employee would earn | b. beginning to make a difference |
| 3. Working too long each | c. effects on family life |
| 4. have negative | d. on a regular basis |
| 5. campaigns against overworking are | e. go home on time |
| 6. take a proper lunch break and | f. an extra £4,955 |

LISTENING GAP FILL

Work Your Proper Hours Day _____ February 22. It was started in 2005 by Britain's organization of labour unions the Trade Union Congress (TUC). This is the day when a worker decides _____ enough of doing unpaid overtime. They decide that from Work Your Proper Hours Day, they will completely stop doing unpaid overtime and _____ time for themselves. The TUC website has a quiz so you can decide if you are working too many _____ pay. It asks you if everyone you work with is also doing extra hours and whether you seem to _____ every year. It also asks if you are worried that if you go home on time, your boss _____ slacking.

The TUC says nearly five million people in Britain _____ on a regular basis. If they got paid for this, the average employee _____ £4,955 (around \$10,000) a year. Working too long each day is bad for us. It causes stress, messes _____ and relationships, and can have negative effects on family life. It is also bad for business if _____. There are signs that campaigns against overworking are beginning to make a difference. _____ five years, fewer people are doing unpaid overtime and the average amount of time has gone down by 24 minutes a week. Take the TUC's advice - _____ break and go home on time.

WHILE READING / LISTENING GAP FILL

Put the words into the gaps in the text.

Work Your Proper Hours Day is usually _____ February 22. It was started in 2005 by Britain's organization of labour unions the Trade Union Congress (TUC). This is the _____ when a worker decides he or she has had _____ of doing unpaid overtime. They _____ that from Work Your Proper Hours Day, they will completely stop doing unpaid overtime and start _____ the time for themselves. The TUC website has a quiz so you can decide if you are working too _____ extra hours for no pay. It asks you if everyone you work with is also doing extra hours and whether you _____ to get busier and busier every year. It also asks if you are worried that if you go home on time, your _____ will think you're slacking.

many
decide
day
boss
using
around
seem
enough

The TUC says _____ five million people in Britain do unpaid overtime on a regular basis. If they got _____ for this, the average employee would earn an extra £4,955 (around \$10,000) a year. Working too long each day is bad for us. It causes stress, _____ up our social life and relationships, and can have negative _____ on family life. It is also bad for business if staff are _____ out. There are signs that campaigns against overworking are beginning to make a _____. Within the past five years, fewer people are doing unpaid overtime and the _____ amount of time has gone down by 24 minutes a week. Take the TUC's advice – take a _____ lunch break and go home on time.

proper
effects
paid
difference
nearly
average
worn
messes

CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

Work Your Proper Hours Day is *usually / usual* around February 22. It was started in 2005 by Britain's organization of labour unions the Trade Union Congress (TUC). This is the day when a worker *decision / decides* he or she has had enough *of / for* doing unpaid overtime. They decide that from Work Your Proper Hours Day, they will completely stop doing unpaid overtime and start *used / using* the time for themselves. The TUC website has a quiz so you can decide if you are *working / worked* too many extra hours for no *payee / pay*. It asks you if everyone you work with is also doing extra hours and whether you seem to get busier and *busiest / busier* every year. It also asks if you are *worried / worry* that if you go home on time, your boss will think you're slacking.

The TUC says nearly five million people in Britain *do / make* unpaid overtime on a regular *basics / basis*. If they got paid for this, the average employee would *earn / earning* an extra £4,955 (around \$10,000) a year. Working too long each day is bad for us. It causes stress, *messes / misses* up our social life and relationships, and can have negative effects on family life. It is also bad for business if *stuff / staff* are worn out. There are signs that campaigns against overworking are beginning to *do / make* a difference. Within the past five years, fewer people are doing unpaid overtime and the average amount of time has *gone / went* down by 24 minutes a week. Take the TUC's advice – take a *properly / proper* lunch break and go home on time.

MULTIPLE CHOICE

Work Your Proper Hours Day is usually around February 22. It (1) _____ started in 2005 by Britain’s organization of labour unions the Trade Union Congress (TUC). This is the day (2) _____ a worker decides he or she has had enough of doing unpaid overtime. They decide that from Work Your Proper Hours Day, they will completely (3) _____ doing unpaid overtime and start using the time for themselves. The TUC website has a quiz so you can decide if you are working too many extra hours for no (4) _____. It asks you if everyone you work (5) _____ is also doing extra hours and whether you seem to get busier and busier every year. It also asks if you are worried that if you go home on time, your (6) _____ will think you’re slacking.

The TUC says nearly five million people in Britain (7) _____ unpaid overtime on a regular basis. If they got paid for this, the average employee would (8) _____ an extra £4,955 (around \$10,000) a year. Working too long each day is bad for us. It causes stress, messes (9) _____ our social life and relationships, and can have negative effects on family life. It is also bad for business if staff are (10) _____ out. There are signs that campaigns against overworking are beginning to make a difference. Within the past five years, fewer people are doing unpaid overtime and the (11) _____ amount of time has gone down by 24 minutes a week. Take the TUC’s advice – take a (12) _____ lunch break and go home on time.

Put the correct words from this table into the article.

- | | | | | |
|-----|--------------|--------------|--------------|----------------|
| 1. | (a) is | (b) be | (c) was | (d) began |
| 2. | (a) when | (b) while | (c) which | (d) why |
| 3. | (a) stoppage | (b) stop | (c) stops | (d) stopping |
| 4. | (a) payee | (b) payment | (c) payback | (d) pay |
| 5. | (a) at | (b) next | (c) together | (d) with |
| 6. | (a) boss | (b) bossy | (c) bossing | (d) bossed |
| 7. | (a) force | (b) do | (c) slave | (d) make |
| 8. | (a) earnings | (b) earn | (c) earner | (d) earned |
| 9. | (a) in | (b) on | (c) up | (d) down |
| 10. | (a) horn | (b) born | (c) torn | (d) worn |
| 11. | (a) average | (b) averaged | (c) averages | (d) averaging |
| 12. | (a) properly | (b) property | (c) proper | (d) properness |

SPELLING

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. usually dnauro February 22
2. had hengou of doing unpaid overtime
3. start isugn the time for themselves
4. working too many traxe hours
5. eerhtwh you seem to get busier
6. It also asks if you are erwdroi

Paragraph 2

7. aernly five million people
8. on a rulareg basis
9. It causes esstr
10. negative efefsct on family life
11. make a eedfiefnrc
12. take a perorp lunch break

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- () of doing unpaid overtime. They decide that from Work Your Proper Hours Day, they will completely stop
- (**1**) Work Your Proper Hours Day is usually around February 22. It was started in 2005 by Britain's organization of labour
- () hours and whether you seem to get busier and busier every year. It also asks if you are
- () doing unpaid overtime and start using the time for themselves. The TUC website has a quiz so you can decide
- () The TUC says nearly five million people in Britain do unpaid overtime on a regular basis. If they got paid
- () the TUC's advice – take a proper lunch break and go home on time.
- () unions the Trade Union Congress (TUC). This is the day when a worker decides he or she has had enough
- () overtime and the average amount of time has gone down by 24 minutes a week. Take
- () for this, the average employee would earn an extra £4,955 (around \$10,000) a year. Working too
- () long each day is bad for us. It causes stress, messes up our social life and relationships, and can have negative
- () effects on family life. It is also bad for business if staff are worn out. There are signs that campaigns against
- () if you are working too many extra hours for no pay. It asks you if everyone you work with is also doing extra
- () worried that if you go home on time, your boss will think you're slacking.
- () overworking are beginning to make a difference. Within the past five years, fewer people are doing unpaid

SCRAMBLED SENTENCES

With a partner, put the words back into the correct order.

1. enough unpaid or had doing he has of overtime she

2. will stop unpaid they completely doing overtime

3. can decide if you are working too many extra hours you

4. also you doing work extra with hours is everyone

5. busier to every get year busier you and seem

6. unpaid a people do on basis Britain overtime regular in

7. extra an £4,955 the would average earn employee

8. bad long for each us day Working is too

9. life family on effects negative have

10. a break home take lunch go time proper and on

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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THE WORK YOUR PROPER HOURS DAY SURVEY

Write five questions about Work Your Proper Hours Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

WORK YOUR PROPER HOURS DAY

**Return to your original partner(s) and share and talk about what you found out.
Make mini-presentations to other groups on your findings.**

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about Work Your Proper Hours Day. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about Work Your Proper Hours Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. POSTER: Make your own poster about Work Your Proper Hours Day. Write about will happen on this day around the world.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.