WORLD ASTHMA DAY

http://www.eslHolidayLessons.com/05/world_asthma_day.html

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.
THE READING / TAPESCRPT

World Asthma Day takes place every year to raise awareness of asthma throughout the world. It is organized by the Global Initiative for Asthma (GINA). Many other healthcare groups pool resources to help GINA spread the word. All of these groups prepare leaflets and websites to highlight how millions of people suffer from asthma. Their aim is to provide all asthma sufferers with the treatment they need to control their condition. They particularly want to reduce the number of worldwide deaths caused by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a different focus each year.

Asthma is a very common disease throughout the world. It affects people’s breathing by irritating the airways. These are the small tubes that carry air to and from the lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes breathing very uncomfortable and can cause death. People can have an “asthma attack” after breathing in things like cigarette smoke, perfume, dust or even moist air. Other triggers that can set off an attack are exercise and emotional stress. The symptoms include shortness of breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report that up to 25 per cent of children in urban areas suffer from the condition.
PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

1. raise awareness of asthma
   a. resources
2. healthcare groups pool
   b. treatment they need
3. provide all asthma sufferers with the
   c. each year
4. reduce the number of worldwide deaths
   d. asthma research
5. raise money for
   e. caused by asthma
6. There is a different focus
   f. throughout the world

Paragraph 2

1. a very common disease
   a. of breath
2. It affects people’s breathing by
   b. from the condition
3. small tubes that carry air to
   c. off an attack
4. Other triggers that can set
   d. throughout the world
5. symptoms include shortness
   e. and from the lungs
6. children in urban areas suffer
   f. irritating the airways
LISTENING GAP FILL

World Asthma Day takes place ____________________ awareness of asthma throughout the world. It is organized by the Global Initiative for Asthma (GINA). Many other healthcare ____________________ to help GINA spread the word. All of these groups prepare leaflets and websites to ____________________ of people suffer from asthma. Their aim is to provide all asthma sufferers with the treatment they need to control their condition. They ____________________ reduce the number of worldwide deaths caused by asthma. The different groups ____________________ the world to raise money for asthma research. World Asthma Day started in 1998. There ____________________ each year.

Asthma is a very common disease ____________________. It affects people’s breathing by irritating the airways. These are the small tubes ____________________ from the lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes breathing very uncomfortable ____________________.

People can have an “asthma attack” after breathing in things like cigarette smoke, perfume, ____________________ air. Other triggers that can set off an attack are exercise and emotional stress. The symptoms include ____________________, chest tightness and coughing. Asthma is increasing in cities. Health officials report that up to 25 per cent of children ____________________ from the condition.
While Reading / Listening Gap Fill

Put the words into the gaps in the text.

World Asthma Day takes place every year to ________ awareness of asthma throughout the world. It is organized by the Global Initiative for Asthma (GINA). Many other healthcare groups ________ resources to help GINA ________ the word. All of these groups prepare ________ and websites to highlight how millions of people suffer from asthma. Their aim is to provide all asthma sufferers with the treatment they need to ________ their condition. They particularly want to reduce the ________ of worldwide deaths ________ by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a different ________ each year.

Asthma is a very ________ disease throughout the world. It affects people’s breathing by irritating the airways. These are the small tubes that ________ air to and from the lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes ________ very uncomfortable and can cause death. People can have an “asthma attack” after breathing in ________ like cigarette smoke, perfume, dust or even moist air. Other triggers that can ________ off an attack are exercise and emotional stress. The symptoms include shortness of breath, chest ________ and coughing. Asthma is ________ in cities. Health officials report that up to 25 per cent of children in ________ areas suffer from the condition.
World Asthma Day takes place every year to rise / raise awareness of asthma throughout the world. It is organization / organized by the Global Initiative for Asthma (GINA). Many other healthcare groups pool / puddle resources to help GINA spread the word / world. All of these groups prepare leaflets and websites to highlight how millions of people suffer from asthma. Their aim is to provision / provide all asthma sufferers with the treatment they need to control their condition. They particularly want to reduce the numeral / number of worldwide deaths caused at / by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a different / difference focus each year.

Asthma is a very common disease thought / throughout the world. It affects people’s breathing by irritating the airways. These are the small tubs / tubes that carry air to and from the lungs. A number of things can happen that because / cause the airways to get smaller and become inflamed. This makes breathing very uncomfortable and can cause / causes death. People can have an “asthma attack” after breathing in things liked / like cigarette smoke, perfume, dust or even moist air. Other triggers / trigger that can set off an attack are exercise and emotional stress. The symptoms include shortness of breathe / breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report that along / up to 25 per cent of children in urban areas suffer from the condition.
MULTIPLE CHOICE

World Asthma Day (1) ____ place every year to raise awareness of asthma throughout the world. It is organized (2) ____ the Global Initiative for Asthma (GINA). Many other healthcare groups pool resources to help GINA spread the word. All of (3) ____ groups prepare leaflets and websites to highlight how millions of people (4) ____ from asthma. Their aim is to provide all asthma sufferers with the treatment they need to control their condition. They particularly want to (5) ____ the number of worldwide deaths caused by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a (6) ____ focus each year.

Asthma is a very common disease (7) ____ the world. It affects people’s breathing by irritating the airways. These are the small (8) ____ that carry air to and from the lungs. A number of things can happen that cause the airways to (9) ____ smaller and become inflamed. This makes breathing very uncomfortable and can cause death. People can have an “asthma attack” after breathing in (10) ____ like cigarette smoke, perfume, dust or even moist air. Other triggers that can set off an attack are exercise and emotional (11) _____. The symptoms include shortness of breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report that (12) ____ to 25 per cent of children in urban areas suffer from the condition.

Put the correct words from this table into the article.

1. (a) makes (b) does (c) takes (d) has
2. (a) of (b) to (c) up (d) by
3. (a) this (b) these (c) they (d) them
4. (a) suffer (b) suffers (c) suffering (d) sufferer
5. (a) reduction (b) reducing (c) reduce (d) reduces
6. (a) difference (b) differ (c) differed (d) different
7. (a) throughout (b) thought (c) through (d) thorough
8. (a) tubs (b) tubby (c) tubes (d) tubas
9. (a) make (b) get (c) build (d) come
10. (a) thing (b) thingamajig (c) thingy (d) things
11. (a) stressed (b) stress (c) stressed out (d) stress free
12. (a) up (b) on (c) along (d) in
SPELLING
Spell the jumbled words (from the text) correctly.

Paragraph 1

1. rasie awareness

2. pool ecseurrso

3. millions of people feusrf from asthma

4. the teamternt they need

5. rdceeu the number of worldwide deaths

6. a different sfouc each year

Paragraph 2

7. a very mncomo disease

8. It aefcstf people’s breathing

9. People can have an “shaatm attack”

10. tiosm air

11. The psmmtsyo include shortness of breath

12. children in anrbu areas suffer
money for asthma research. World Asthma Day started in 1998. There is a different focus each year.

Asthma is a very common disease throughout the world. It affects people’s

attack” after breathing in things like cigarette smoke, perfume, dust or even moist

World Asthma Day takes place every year to raise awareness of asthma throughout the world. It is organized

that up to 25 per cent of children in urban areas suffer from the condition.

include shortness of breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report

lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes

the word. All of these groups prepare leaflets and websites to highlight how millions of people suffer from asthma. Their aim

air. Other triggers that can set off an attack are exercise and emotional stress. The symptoms

is to provide all asthma sufferers with the treatment they need to control their condition. They particularly want to reduce

breathing by irritating the airways. These are the small tubes that carry air to and from the

the number of worldwide deaths caused by asthma. The different groups hold activities throughout the world to raise

breathing very uncomfortable and can cause death. People can have an “asthma

by the Global Initiative for Asthma (GINA). Many other healthcare groups pool resources to help GINA spread
SCRAMBLED SENTENCES
With a partner, put the words back into the correct order.

1. asthma the raise of throughout world awareness

2. to resources pool word the spread GINA help

3. people of millions asthma from suffer

4. deaths reduce the number of worldwide

5. research for raise asthma money

6. common very a is Asthma disease

7. carry the air lungs to tubes and that from

8. very makes uncomfortable breathing This

9. an off set can that triggers Other attack

10. children condition the from suffer areas urban in
DISCUSSION (Write your own questions)

STUDENT A’s QUESTIONS (Do not show these to student B)

1. _________________________________________________________
2. __________________________________________________________
3. __________________________________________________________
4. __________________________________________________________
5. __________________________________________________________
6. __________________________________________________________

STUDENT B’s QUESTIONS (Do not show these to student A)

1. __________________________________________________________
2. __________________________________________________________
3. __________________________________________________________
4. __________________________________________________________
5. __________________________________________________________
6. __________________________________________________________
## THE WORLD ASTHMA DAY SURVEY

Write five questions about World Asthma Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.

<table>
<thead>
<tr>
<th>Q.1.</th>
<th>STUDENT 1</th>
<th>STUDENT 2</th>
<th>STUDENT 3</th>
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<tbody>
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</table>

<table>
<thead>
<tr>
<th>Q.2.</th>
<th>STUDENT 1</th>
<th>STUDENT 2</th>
<th>STUDENT 3</th>
</tr>
</thead>
<tbody>
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<table>
<thead>
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<th>Q.3.</th>
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<th>STUDENT 2</th>
<th>STUDENT 3</th>
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<tbody>
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<table>
<thead>
<tr>
<th>Q.4.</th>
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<th>STUDENT 2</th>
<th>STUDENT 3</th>
</tr>
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<tbody>
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<tr>
<th>Q.5.</th>
<th>STUDENT 1</th>
<th>STUDENT 2</th>
<th>STUDENT 3</th>
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WRITING

Write about World Asthma Day for 10 minutes. Show your partner your paper. Correct each other’s work.

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HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google’s search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about World Asthma Day. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about World Asthma Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

   Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. POSTER: Make your own poster about World Asthma Day. Write about what will happen on this day around the world.

   Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.