

STAY OUT OF THE SUN DAY

http://www.eslHolidayLessons.com/07/stay_out_of_the_sun_day.html

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

THE READING / TAPESCRIPT

The dangers of global warming are well known. It is good to have a day that makes us think about the harm the Sun's rays can do to our skin. This day is Stay Out Of The Sun Day. It takes place around the 3rd of July every year. No one really knows how the day started, but it is sure to become more celebrated each year. Maybe it was a marketing campaign by makers of sun-tan lotions. Many of us know how painful it can be to stay out in the sun for too long. Our red skin can be more painful than it looks. The Sun's rays can cause a lot of damage. Apart from sunburn, we can get blisters – these are real, actual burns. The Sun also ages your skin and can cause different kinds of cancer.

The Sun's ultra-violet rays are actually very damaging. They can kill. Thousands of people die each year because of skin cancer. Global warming has made the Sun more dangerous. The ozone layer is becoming very thin and letting too many dangerous rays reach us. There are many things we can do to reduce the risk of harm. The best thing to do is to be sensible. The worst thing you can do is sit in the mid-day sun – only mad dogs and Englishmen do that. In fact, it's better to avoid the Sun between 10 am and 4 pm. Wear sun-tan lotion with a high protection factor, and a hat. On Stay Out Of The Sun Day, read up on what you can do to stay safe in the Sun. It may save your life.

PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

- | | |
|----------------------------------|------------------------------|
| 1. The dangers of global warming | a. makers of sun-tan lotions |
| 2. the harm the Sun's rays can | b. your skin |
| 3. a marketing campaign by | c. are well known |
| 4. stay out in the sun | d. a lot of damage |
| 5. The Sun's rays can cause | e. do to our skin |
| 6. The Sun also ages | f. for too long |

Paragraph 2

- | | |
|--------------------------------------|---------------------------|
| 1. The Sun's ultra-violet rays are | a. do to stay safe |
| 2. The ozone layer is | b. the risk of harm |
| 3. things we can do to reduce | c. between 10 am and 4 pm |
| 4. The worst thing you can do is sit | d. actually very damaging |
| 5. it's better to avoid the Sun | e. becoming very thin |
| 6. read up on what you can | f. in the mid-day sun |

LISTENING GAP FILL

The dangers of global warming _____. It is good to have a day that makes us think about the harm the Sun's rays can _____. This day is Stay Out Of The Sun Day. It takes place around the 3rd of July every year. No one _____ day started, but it is sure to become more celebrated each year. Maybe it was a marketing campaign by makers of sun-tan lotions. Many of us know how painful _____ out in the sun for too long. Our red skin can be more painful than it looks. The Sun's rays _____ of damage. Apart from sunburn, we can get blisters - these are real, actual burns. The Sun also _____ can cause different kinds of cancer.

The Sun's ultra-violet _____ damaging. They can kill. Thousands of people die each year because _____. Global warming has made the Sun more dangerous. The ozone layer is becoming very thin and _____ dangerous rays reach us. There are many things we can do to reduce the risk of harm. The best thing to do is to be sensible. The worst thing _____ the mid-day sun - only mad dogs and Englishmen do that. In fact, it's _____ Sun between 10 am and 4 pm. Wear sun-tan lotion with a high protection factor, and a hat. On Stay Out Of The Sun Day, read up on what you can do to stay safe in the Sun. It _____.

WHILE READING / LISTENING GAP FILL

Put the words into the gaps in the text.

The _____ of global warming are well known. It is good to have a day that makes us think about the _____ the Sun's rays can do to our skin. This day is Stay Out Of The Sun Day. It _____ place around the 3rd of July every year. No one really knows how the day started, but it is _____ to become more celebrated each year. Maybe it was a marketing campaign by makers of sun-tan _____. Many of us know how _____ it can be to stay out in the sun for too long. Our red skin can be more painful than it looks. The Sun's rays can _____ a lot of damage. Apart from sunburn, we can get blisters – these are real, actual burns. The Sun also _____ your skin and can cause different kinds of cancer.

lotions
takes
ages
sure
dangers
cause
harm
painful

The Sun's ultra-violet rays are _____ very damaging. They can kill. Thousands of people die each year _____ of skin cancer. Global warming has made the Sun more dangerous. The ozone layer is becoming very thin and _____ too many dangerous rays reach us. There are many things we can do to _____ the risk of harm. The best thing to do is to be _____. The worst thing you can do is sit in the mid-day sun – only mad dogs and Englishmen do that. In fact, it's better to _____ the Sun between 10 am and 4 pm. Wear sun-tan _____ with a high protection factor, and a hat. On Stay Out Of The Sun Day, read up on what you can do to stay safe in the Sun. It may _____ your life.

sensible
letting
actually
save
avoid
because
lotion
reduce

CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

The dangers of global warming are well *knowing / known*. It is good to have a day that makes us think about the *harm / harmful* the Sun's rays can do to our skin. This day is Stay Out Of The Sun Day. It takes place around the 3rd of July every year. No one *actual / really* knows how the day started, but it is sure to become more *celebration / celebrated* each year. Maybe it was a marketing campaign by makers of sun-tan lotions. Many of us know how painful it can be to stay *up / out* in the sun for too long. Our red skin can be more painful than it *looking / looks*. The Sun's rays can cause a lot of damage. Apart from sunburn, we can get *blisters / blistering* – these are real, actual burns. The Sun also *age / ages* your skin and can cause different kinds of cancer.

The Sun's ultra-violet rays are *actually / real* very damaging. They can kill. Thousands of people die each year because *to / of* skin cancer. Global warming has made the Sun more *dangerously / dangerous*. The ozone layer is becoming very thin and letting too many dangerous rays reach *us / them*. There are many things we can do to reduce the risk of harm. The best thing to do is to *be / do* sensible. The worst thing you can do is sit in the mid-day sun – only mad dogs and Englishmen do *that / these*. In fact, it's better to avoid the Sun between 10 am and 4 pm. Wear sun-tan lotion with a high *protection / protect* factor, and a hat. On Stay Out Of The Sun Day, read up on what you can do to stay safe in the Sun. It may *safe / save* your life.

MULTIPLE CHOICE

The dangers of global warming are well (1) _____. It is good to have a day that makes us think about the harm the Sun's rays can do to our skin. This day is Stay Out Of The Sun Day. It (2) _____ place around the 3rd of July every year. No one really knows how the day started, but it is sure to become more celebrated (3) _____ year. Maybe it was a marketing campaign by (4) _____ of sun-tan lotions. Many of us know how painful it can be to stay out in the sun for too long. Our red skin can be more painful than (5) _____ looks. The Sun's rays can cause a lot of damage. Apart from sunburn, we can get blisters – these are real, actual burns. The Sun also (6) _____ your skin and can cause different kinds of cancer.

The Sun's ultra-violet rays are actually very (7) _____. They can kill. Thousands of people die each year because of skin cancer. Global warming has made the Sun more dangerous. The ozone (8) _____ is becoming very thin and letting too many dangerous rays reach us. There are many things we can do to (9) _____ the risk of harm. The best thing to do is to be sensible. The (10) _____ thing you can do is sit in the mid-day sun – only mad dogs and Englishmen do that. In fact, it's better to avoid the Sun between 10 am and 4 pm. Wear sun-tan lotion with a high protection (11) _____, and a hat. On Stay Out Of The Sun Day, read up on what you can do to stay safe in the Sun. It may (12) _____ your life.

Put the correct words from this table into the article.

- | | | | | |
|-----|---------------|-------------|--------------|--------------|
| 1. | (a) knowledge | (b) knows | (c) known | (d) knowing |
| 2. | (a) makes | (b) takes | (c) does | (d) believes |
| 3. | (a) all | (b) each | (c) whole | (d) one |
| 4. | (a) makings | (b) makes | (c) makers | (d) markets |
| 5. | (a) they | (b) he | (c) she | (d) it |
| 6. | (a) age | (b) aging | (c) age-old | (d) ages |
| 7. | (a) damaging | (b) damages | (c) damaged | (d) damage |
| 8. | (a) sheet | (b) layer | (c) ply | (d) strata |
| 9. | (a) low | (b) down | (c) reduce | (d) cuts |
| 10. | (a) bad | (b) poor | (c) worse | (d) worst |
| 11. | (a) factory | (b) factor | (c) factored | (d) factors |
| 12. | (a) save | (b) safety | (c) saving | (d) savings |

SPELLING

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. global gawinmr
2. a marketing ganacimp
3. more nuiafpl than it looks
4. cause a lot of emdaga
5. we can get rbisslte
6. cause different sindk of cancer

Paragraph 2

7. The Sun's lrtau-violet rays
8. knis cancer
9. ceduer the risk of harm
10. be seeibnls
11. odvai the Sun between 10 am and 4 pm
12. high protection crtfoa

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- () sun for too long. Our red skin can be more painful than it looks. The Sun's rays can cause a lot of
- () The Sun's ultra-violet rays are actually very damaging. They can kill. Thousands of people die each year because
- () harm. The best thing to do is to be sensible. The worst thing you can do is sit in the mid-day sun – only mad
- () harm the Sun's rays can do to our skin. This day is Stay Out Of The Sun Day. It takes place around the 3rd of
- () dogs and Englishmen do that. In fact, it's better to avoid the Sun between 10 am and 4 pm. Wear sun-tan
- () burns. The Sun also ages your skin and can cause different kinds of cancer.
- () damage. Apart from sunburn, we can get blisters – these are real, actual
- () thin and letting too many dangerous rays reach us. There are many things we can do to reduce the risk of
- () July every year. No one really knows how the day started, but it is sure to become more celebrated each year. Maybe it was
- () of skin cancer. Global warming has made the Sun more dangerous. The ozone layer is becoming very
- () a marketing campaign by makers of sun-tan lotions. Many of us know how painful it can be to stay out in the
- (**1**) The dangers of global warming are well known. It is good to have a day that makes us think about the
- () lotion with a high protection factor, and a hat. On Stay Out Of The Sun Day,
- () read up on what you can do to stay safe in the Sun. It may save your life.

SCRAMBLED SENTENCES

With a partner, put the words back into the correct order.

1. of dangers The known well are warming global

2. rays to the Sun's do skin the can our harm

3. knows really one No started day the how

4. Many painful of it us can know be how

5. The skin your ages also Sun

6. actually The are damaging ultra-violet rays very Sun's

7. each die people cancer skin of because year

8. thin ozone is very The layer becoming

9. is best to thing be to sensible do The

10. a with protection-factor sun lotion high Wear tan

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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THE STAY OUT OF THE SUN DAY SURVEY

Write five questions about Stay Out Of The Sun Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.

WRITING

Write about Stay Out Of The Sun Day for 10 minutes. Show your partner your paper. Correct each other's work.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about Stay Out Of The Sun Day. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about Stay Out Of The Sun Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. POSTER: Make your own poster about Stay Out Of The Sun Day. Write about will happen on this day around the world.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.