WORLD DIABETES DAY

http://www.eslHolidayLessons.com/11/world_diabetes_day.html

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.
World Diabetes Day (WDD) is celebrated every year on November 14. This is the birthday of Dr. Frederick Banting, one of the discoverers of insulin in 1922. WWD was created in 1991 by the International Diabetes Federation (IDF) and the WHO (World Health Organization). It became an official U.N. holiday in 2007. Millions of people around the world get together to raise awareness of diabetes. There are many campaigns that draw people’s attention to the growing threat of diabetes. People in over 160 countries participate. A five-year project started in 2009 that has the slogan: “Diabetes Education and Prevention”. The WDD logo is a blue circle. This symbolizes life and health. Blue is also the colour of the sky and the U.N. flag.

Diabetes is a very complicated disease. It is when the body cannot produce or use insulin - a hormone needed to convert sugar into energy necessary for daily life. It affects 250 million people worldwide, throughout their lives. Many sufferers live with diabetes from catching it as children. People with diabetes look after 95% of their own treatment – usually through several injections of insulin a day. Without insulin, people with diabetes would die. The IDF says diabetes is spreading around the world. There are over 300 million people at risk. In many cases, people can avoid diabetes. The disease affects those who are overweight, so eating healthily and exercising are very important.
PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

1. celebrated
   a. of insulin

2. one of the discoverers
   b. and health

3. an official U.N.
   c. the growing threat

4. draw people’s attention to
   d. every year

5. A five-
   e. holiday

6. This symbolizes life
   f. year project

Paragraph 2

1. a very complicated
   a. energy

2. convert sugar into
   b. at risk

3. It affects 250 million
   c. disease

4. several injections of
   d. who are overweight

5. 300 million people
   e. people worldwide

6. The disease affects those
   f. insulin a day
LISTENING GAP FILL

World Diabetes Day (WDD) is _________________ on November 14. This is the birthday of Dr. Frederick Banting, one of the discoverers of insulin in 1922. WWD _________________ 1991 by the International Diabetes Federation (IDF) and the WHO (World Health Organization). It _________________ U.N. holiday in 2007. Millions of people around the world get together to raise _________________. There are many campaigns _________________ attention to the growing _________________. People in over 160 countries participate. A five-year project started in 2009 _________________: “Diabetes Education and Prevention”. The WDD logo is a blue circle. This symbolizes life and health. Blue is also the colour of the sky _________________.

Diabetes is a very _________________. It is when the body cannot produce or use insulin - a hormone needed _________________ into energy necessary for daily life. It affects 250 million people worldwide, throughout their lives. Many _________________ diabetes from catching it as children. People with diabetes _________________ of their own treatment – usually through _________________ insulin a day. Without insulin, people with diabetes would die. The IDF says diabetes is spreading _________________. There are over 300 million people at risk. In many cases, people _________________. The disease affects those who are overweight, so _________________ and exercising are very important.
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Diabetes is a very complicated disease. It is when the body cannot produce or use insulin - a hormone needed to convert sugar into energy necessary for daily life. It affects 250 million people worldwide, throughout their lives. Many sufferers live with diabetes from childhood. People with diabetes look after 95% of their own treatment – usually through several injections of insulin a day. Without insulin, people with diabetes would die. The IDF says diabetes is spreading around the world. There are over 300 million people at risk. In many cases, people can avoid diabetes. The disease affects those who are overweight, so eating healthily and exercising are very important.
CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of italics.

World Diabetes Day (WDD) is celebrated every year on November 14. This is the birthday of Dr. Frederick Banting, one of the discoveries / discoverers of insulin in 1922. WDD was / has created in 1991 by the International Diabetes Federation (IDF) and the WHO (World Health Organization). It became an officially / official U.N. holiday in 2007. Millions of people around the world get joined / together to raise awareness of diabetes. There are many campaigns that sketch / draw people’s attention to the growing threat / threaten of diabetes. People in over 160 countries participate. A five-year project started in 2009 that has / have the slogan: “Diabetes Education and Prevention”. The WDD logo is a blue circle. This symbolic / symbolizes life and health. Blue is also the colour of the sky and the U.N. flag.

Diabetes is a very complication / complicated disease. It is when the body cannot produce or use insulin - a hormone needed for / to convert sugar into energy necessary for daily live / life. It affects 250 million people global / worldwide, throughout their lives. Many sufferers live with diabetes from caught / catching it as children. People with diabetes look after 95% of their own treatment – usually through several injections of insulin a day / daily. Without insulin, people with diabetes would die. The IDF says diabetes is spreading around the world. There are over 300 million people at risky / risk. In many cases, people can avoid diabetes. The disease affects those who are overweight, so eating healthily and exercising is / are very important.
MULTIPLE CHOICE

World Diabetes Day (WDD) is celebrated every year on November 14. This is the birthday of Dr. Frederick Banting, one of the (1) ____ of insulin in 1922. WWD (2) ____ created in 1991 by the International Diabetes Federation (IDF) and the WHO (World Health Organization). It became an (3) ____ U.N. holiday in 2007. Millions of people around the world (4) ____ together to raise awareness of diabetes. There are many campaigns that draw people’s attention to the (5) ____ threat of diabetes. People in over 160 countries participate. A five-year project started in 2009 that has the slogan: “Diabetes Education and Prevention”. The WDD logo is a blue (6) ____. This symbolizes life and health. Blue is also the colour of the sky and the U.N. flag.

Diabetes is a very complicated disease. It is when the body cannot produce or (7) ____ insulin - a hormone needed to (8) ____ sugar into energy necessary for daily life. It affects 250 million people worldwide, throughout their lives. Many sufferers live with diabetes from (9) ____ it as children. People with diabetes look after 95% of their own treatment – usually through several injections of insulin a day. Without insulin, people with diabetes would (10) ____. The IDF says diabetes is spreading around the world. There are over 300 million people at (11) ____. In many cases, people can avoid diabetes. The disease affects those who are overweight, so eating healthily and exercising (12) ____ very important.

Put the correct words from this table into the article.

1. (a) discovery (b) discoverers (c) discoveries (d) discovered
2. (a) was (b) be (c) were (d) has
3. (a) officially (b) office (c) officials (d) official
4. (a) get (b) do (c) take (d) be
5. (a) growth (b) grown (c) growing (d) grows
6. (a) circular (b) circled (c) circles (d) circle
7. (a) use (b) useless (c) useful (d) used
8. (a) conversion (b) converter (c) convert (d) converts
9. (a) caught (b) catches (c) catch (d) catching
10. (a) death (b) die (c) dead (d) dying
11. (a) risky (b) risk-free (c) risk (d) risking
12. (a) is (b) are (c) be (d) were
SPELLING

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. bcedtleaer every year
2. the eericvrdssso of insulin
3. an ailffoci U.N. holiday
4. many siacgpmna
5. A five-year icrpeto started
6. a blue lrceti

Paragraph 2

7. a very complicated sadiees
8. convert sugar into yenrge
9. coesinjtin of insulin
10. nriaedpqs around the world
11. divoa diabetes
12. eating ihtaylehl
World Diabetes Day (WDD) is celebrated every year on November 14. This is the birthday of Dr. Frederick Banting, one of the discoverers of insulin in 1922. WWD was created in 1991 by the International Diabetes Federation (IDF) and the WHO.

Diabetes is a very complicated disease. It is when the body cannot produce or use insulin - a hormone needed to convert sugar into energy necessary for daily life. It affects those who are overweight, so eating healthily and exercising are very important.

Without insulin, people with diabetes would die. The IDF says diabetes is spreading. A day. Without insulin, people with diabetes would die. The IDF says diabetes is spreading.

People in over 160 countries participate. A five-year project started in 2009 that has the World Health Organization. It became an official U.N. holiday in 2007. Millions of people around the world get 250 million people worldwide, throughout their lives. Many sufferers live with diabetes from a day. Without insulin, people with diabetes would die. The IDF says diabetes is spreading.

A world diabetes day is celebrated every year on November 14. This is the birthday of Dr. Frederick Banting, one of the discoverers of insulin in 1922. WWD was created in 1991 by the International Diabetes Federation (IDF) and the WHO.

Health. Blue is also the colour of the sky and the U.N. flag.

Together to raise awareness of diabetes. There are many campaigns that draw people’s attention to the growing threat of diabetes. People in over 160 countries participate. A five-year project started in 2009 that has the World Health Organization. It became an official U.N. holiday in 2007. Millions of people around the world get 250 million people worldwide, throughout their lives. Many sufferers live with diabetes from a day. Without insulin, people with diabetes would die. The IDF says diabetes is spreading.

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SCRAMBLED SENTENCES
With a partner, put the words back into the correct order.

1. the of of discoverers insulin One.

2. official an became It 2007 in holiday . U.N.

3. to together Get diabetes of awareness raise.

4. threat growing the to attention people’s Draw.

5. the colour Blue of is the also sky.

6. is very disease Diabetes a complicated.

7. into needed energy to convert A sugar hormone.

8. people affects million worldwide It 250.

9. are at over risk 300 million There people.

10. very are exercising and healthily Eating important.
DISCUSSION (Write your own questions)

STUDENT A’s QUESTIONS (Do not show these to student B)

1. ____________________________________________________________

2. ____________________________________________________________

3. ____________________________________________________________

4. ____________________________________________________________

5. ____________________________________________________________

6. ____________________________________________________________

DISCUSSION (Write your own questions)

STUDENT B’s QUESTIONS (Do not show these to student A)

1. ____________________________________________________________

2. ____________________________________________________________

3. ____________________________________________________________

4. ____________________________________________________________

5. ____________________________________________________________

6. ____________________________________________________________
THE WORLD DIABETES DAY SURVEY

Write five questions about World Diabetes Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

<table>
<thead>
<tr>
<th></th>
<th>STUDENT 1</th>
<th>STUDENT 2</th>
<th>STUDENT 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q.1.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Q.2.</td>
<td></td>
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<tr>
<td>Q.3.</td>
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<tr>
<td>Q.4.</td>
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<tr>
<td>Q.5.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.
WRITING

Write about World Diabetes Day for 10 minutes. Show your partner your paper. Correct each other’s work.
HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google’s search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about World Diabetes Day. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about World Diabetes Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

   Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. POSTER: Make your own poster about World Diabetes Day. Write about what will happen on this day around the world.

   Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.